

Accessible Education Provision for Neurodivergent Children  
through graduated interventions and academic support.



*An organisation that aims to improve every child's life  
by being closer to nature,  
providing equality in learning  
and promoting well-being*

# FOOD AND DRINK POLICY FOR RAW LEARNING

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### **1. Introduction**

At Raw Learning, we believe that proper nutrition is essential for good health and for teaching and learning to be effective as good food is vital to children's health, development, concentration and behaviour. In order to fulfil our potential in life, all members of our community should be accessing proper nutrition and fluid intake.

### **2. Aims and Objectives**

We aim to support our pupils in establishing and maintaining life-long healthy habits by:

- Encouraging them to bring healthy foods and drinks for snack.
- Providing a cross-curricular education to help pupils make informed choices about what they eat and drink in order to have a balanced diet.
- Providing water to encourage pupils to stay hydrated and keep up their fluid intake.
- Developing healthy eating habits that will last into adulthood.
- Providing cooking opportunities for the pupils.

### **3. Policy Statement**

Pupils are able to bring a healthy snack and a drink to have during their break. Water is available whenever a pupil requires a drink.

Pupils will be encouraged to practise high standards of hygiene through washing their hands with soap before eating or cooking activities.

Pupils will be supervised when preparing foods for cooking and they will be encouraged to try the new tastes and textures of different foods they cook.

### **4. Additional important information**

As part of the setting, we are aware that some children will have an allergy to nuts. While every precaution will be taken to not have nuts as part of our snacks there may be times within the forest ,especially during foraging, that similar reactions could be had. Raw Learning facilitators will have a list of these children in order to identify risk. The parents of the child at risk will be asked for their decision about whether their child participates or not on a case-by-case basis depending on the activity.

This policy was adopted by	Raw Learning
On	17 <sup>th</sup> August 2022
Date to be reviewed	16 <sup>th</sup> August 2023
Signed on behalf of the provider	<i>Rachel King</i>
Name of signatory	Rachel King
Role of signatory	Director